# Plusvital

Powered by Science

ELECTROLYTES

## Electrolyte Plus







Combination of concentrated electrolyte salts and antioxidants to aid post-exercise recovery.









#### plusvital.com

## **Electrolyte Plus**

#### SUGGESTED USE

- Following moderate to intense work
- For horses prone to 'tying up' or muscle stiffness
- Horses competing over multiple days
- Individuals that are slow to recover after exercise
- Horses travelling long distances
- Horses competing in hot climates
- Horses at sales complexes

#### **HOW TO USE**

Give daily in feed.

Horses & ponies > 300kg: 25g (1 scoop) Horses & ponies < 300kg: 12.5g (1/2 scoop)

Can also be given in water. Add 25g (1 scoop) to 10L of water.

Ensure fresh water is available at **ALL** times.

Each scoop contains approx. 25g

#### AVAILABLE SIZES

 SUITABLE FOR ALL HORSES (> 3 MONTHS OF AGE)

 15 kg / 22 lbs

 4 kg / 8.8 lbs

 2 kg / 4.4 lbs

 LASTS 600 DAYS

 LASTS 160 DAYS

#### **KEY PRODUCT FEATURES**

- Low sugar formulation
- Contains Sodium, Chloride,
   Potassium, Magnesium &
   Calcium to replace electrolytes lost in sweat
- Antioxidants Vitamins C & E to help combat oxidative stress and aid muscle recovery

#### **DID YOU KNOW?**

Horse sweat is hypertonic meaning that they lose more electrolytes in sweat than humans do (our sweat is isotonic). Electrolytes are essential, not only for maintaining body fluid balance, but they are also responsible for triggering muscle contractions and nerve impulses (e.g., gut motility). Any horse that sweats should be supplemented with electrolytes.

Electrolyte deficiencies are associated with general fatigue, muscle weakness and exhaustion that can predispose to 'tying up' (rhabdomyolysis), as well as reduced sweating, which can cause overheating and compromise performance.

### **Plusvital**

#### plusvital.com